

"A Mumin is like a honeybee: it doesn't consume nor give except that which is pure and wholesome."

Tips to

Organized Living

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Rule #2: If you ask the host for Achaar, you are the one who will be in a pickle.



Toloba's Adopt a Park



Bringing Back the Bees



From the Aamil Saheb's Desk

Rasulullah SAW has likened a mumin to a honeybee, stating, "A mumin is like a honeybee: it doesn't consume nor give except that which is pure and wholesome."

From keeping their hives tidy to making the most efficient homes, producing honey that is not only flavourful but also embedded with vital medicinal properties, and playing the role of pollinators that make the world bloom with beautiful flowers, honeybees are a symbol of exemplary living.

This hadith of Rasulullah SAW inspires us to learn from a honeybee and lead a meaningful life that benefits the world around us.

Keeping that in mind we endeavor to do whatever we can for the betterment of our children, family, friends, society and the environment.

A honeybee follows the queen bee and works hard and diligently on the task assigned to it. Similarly a mumin strives tirelessly to make his Moula TUS happy by following in his footsteps and ultimately making the world a better place to live.

We are indeed lucky to be blessed with a society so well built like the hexagonal hive of the honeybee, and with a life filled with honey-like sweet happiness and enriched meaning.

It makes me happy and proud to see the Evergreen team collecting material from the vibrant flora of our community, like honey bees gathering nectar from a variety of flowers and fruits. May Allah always keep us busy consuming and producing the best of both the worlds in this evergreen garden of our Maula's TUS Dawat.

Abde Syedna TUS
Behlah Ayman



Photo Courtesy: Hussain Degamwala



We, the mumineen of Mississauga were enlightened by the gracious and benevolent presence of Alhadd al-anjab al-as'ad BS Taikhoon BS during the holy month of Ramadan al-Moazzam, 1444H.

Every bit of his Bayaan woven with light-hearted humour, Ibaadat, Asbaaq and his contagious smile will continue to live in our hearts. He brought good tidings and hope for the long awaited safar Mubarak of Aqa Maula (TUS).

We cannot express enough gratitude for this azeem neamat that we received this Shehrullah. May we remain healthy, wealthy and wise under the saya and dua Mubarak of Syedna Aaliqadr Mufaddal Saifuddin Maula (TUS).

Team Evergreen





Photo Courtesy: Hussain Degamwala

Bringing Back the Bees

An innovative initiative by Anjuman-e-Fakhri on 'Saving the Bees' was addressed on the first weekend of the month of June. Our stall at the 'Bread and Honey Festival' on Streetsville, Mississauga was a unique approach under 'Project Rise' to join the global movement to bring about a positive change in society and provide a home for native Ontario bees.

Under the guidance and direction of Aamilsaheb and Behnsaab, many volunteers from the Jamaat got together to make 'Beeyoot', Bee Hotels to provide a safe and inviting haven for solitary bees, helping to support their populations and enhance biodiversity in the area. The Beeyoots were meticulously designed to replicate the natural nesting environments preferred by solitary bees.

Rechie Valdez, Member of the House of Commons of Canada representing Mississauga- Streetsville also graced our stall.

The drive gathered an overwhelming response with people citing reasons for investing in the Bee Hotels ranging from beautification of their gardens to



experiencing better pollination rates, resulting in improved crop yields and a more vibrant floral display. Visitors to our stall were also greatly impressed to be enlightened on facts about solitary bees being generally non-aggressive and safe around children, encouraging adults and children to learn about our ecosystems in a very observational way.

Taking the cause ahead, a part of the profits were used to make a Donation Bee Hotel to be donated to the Streetsville Pollinating Garden.

Fatema Lunawadi



Park Clean-Up

Romance with nature is the best romance. You may be wondering why I would say that. It was raining, the park was as green as it could be, the weather was cool, and there were some extremely passionate brothers of Toloba. The combination was as perfect as it could be on a Sunday Morning to clean up the Meadow Green Park under Adopt a Park programme.

The park felt luscious and we raced against each other to collect the piece of garbage. Thankfully we had everything we needed from the City of Mississauga. With all the garbage, we found an iron plier, some water bottles, barbecue leftovers, paper plates, chocolate wrappers, tree protectors, pop cans, badminton birdies, fifty six tennis balls and most importantly a couple thousands chocolate wrappers.

We ended up collecting six and a half big bags of garbage including our recyclable gloves. It was fun, with jokes going around, with people aspiring to be on special instagram pages, weird video recordings of people trying to collect maximum garbage and not to forget, there were a few children around helping us.

After the clean up we all gathered at Tim Hortons for some nice hot coffee, important discussions about life (we all know what men discuss) and a lot more fun that would follow in our subsequent three cleanups in the coming two years.

Mustafa Kubbawala



Ten Barbecuements

It is barbeque season, and you will end up being invited to a BBQ party.

So, let's go through the rules so you are ready:

Rule #1: The dress code is casual and sauce-resistant. Expect barbecue sauce to end up on your clothes. Embrace the saucy stains and come prepared for a messy fashion statement.

Rule #2: If you ask the host for Achaar, you are the one who will be in a pickle.

Rule #3: When the smoke alarm goes off, it's a sign that the BBQ is reaching its peak flavor. Consider it our secret seasoning technique. Just make sure it does not turn into a full-blown fire alarm, or we might run out of burgers.

Rule #4: Sauce theft is a capital offense. Never ask, "aa chicken ma kai masala pare che". Stealing someone else's secret BBQ sauce recipe is punishable by a lifetime of eating plain boiled chicken. Respect the sauce makers!

Rule #5: Absolutely no discussion of calories at the BBQ. We believe that calories go on vacation during the summer. So indulge in your favorite BBQ treats guilt-free. Remember, summer bodies are overrated.

Rule #6: The person who brings the best dessert gets the prestigious title of "Sugar King/Queen" and a crown made of marshmallows. May your sweets be as glorious as your victory.

Rule #7: Keep your phone away from the grill! It's a BBQ, not a tech convention. Embrace the art of conversation, laugh at terrible dad jokes, and create memories that can't be captured by pixels.

Rule #8: The only time you can use a fork at the BBQ is if you're pretending to be a pirate. Real BBQ warriors use their hands and teeth to conquer the meat.

PS: Don't forget to Chakho Namak prior.

Rule #9: Leave your vegan friends at home, unless they're willing to convert to carnivores for the day. This BBQ is for meat lovers only. Vegetables are considered sideshow attractions.

Rule #10: Lastly, DO NOT ask how your steak will be cooked. It will be medium rare, and you will enjoy it.

**Remember, these rules are all in good fun and meant to add some humor to your BBQ party!*

Hunaid Vahanvaty & Jumana Hussain

| Hunaid Vahanvaty

Hunaid Vahanvaty loves good food and engaging discourse. Cooking is a hobby in which he enjoys only the tasting and eating part. One of Hunaid's favorite quotes is from Shakespeare: "All the world's a stage, and all the men and women merely its players."



Educating about Safety

Education encompasses the best of both worlds. This is highlighted by the teachings of our Madrasahs across the globe.

In accordance with Aaqa Moula TUS's Farmaan Mubarak to make sure we are all aware and equipped to avert dangers, Anjuman-e-Fakhri and Jamali Madrasah, Mississauga organized a Fire Safety session at the Mississauga Masjid complex.

Firemen from the Mississauga Fire Department had an interactive session with the children of our Madrasah regarding being vigilant of fire hazards and the steps to be taken in case of an emergency.

To let the word sink in, the session ended with the children being gifted an informative booklet to go over the safety practices at home as well.

Fatema Lunawadi

Fundraising with fun

A Fundraising event, mostly, makes people want to avoid it. But this **"Hike for a Cause"** was different. A perfect summer activity, a hike, with a purpose that was beyond the health benefits of hiking.

It was an amazing turnout with over seventy five people that led to raising funds enough to help five families in the East. Big shoutout to the women's groups of AEF who organized this event. Some participants claimed that the 3.1 km loop trail was a piece of cake for them, while some boasted the incline wasn't enough, but it was enough to elevate some families. Few participants finished it within 30 minutes while some took a bit longer, on an average 40 minutes was the sweet spot for most hikers.

Mustafa Kubawala

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Being Organized Makes Life Easier

It may not be that much of a big deal if there's a small amount of clutter around you, occasionally. However, clutter is a symptom of being unorganized. Being unorganized is a habit. So is rationalizing or making excuses about being too busy.

Here is one of life's paradoxes. Have you noticed that those people who are the most productive and seem to be able to schedule spare time at short notice, are almost always the tidiest?

If you are in the other camp, you may seem never to have the time to pick up after yourself. By the time you attempt to have a clean-up, the sight of your clutter exhausts you even more.

There is no doubt that clutter can easily accumulate over time and can be super stressful to look at. Piles of different things and countless to-do lists are a real

drag on the psyche. This can affect not just your day-to-day schedule, but all aspects of your life, both work and play.

To relieve yourself from the stress of being disordered, there is a simple solution. Be organized. However, like most things in life, simple does not mean easy. You need to put in the extra effort of getting organized and staying organized, which can eventually reduce stress levels and will make you feel more accomplished and in control.

Living in a cluttered environment and being unorganized is circular - each feed off the other. You can improve both aspects, but you have to break the cycle by forming better habits.

Mustafa Gangardiwala



Photo Courtesy: Hussain Degamwala

Humans of Sauga – Celebrating June’s Biking Month

As the warm breeze of summer has finally reached Mississauga, cyclists all over the city are biking their way to fitness and fun. As of the beginning of June, the GTA’s (Greater Toronto Area) annual event since 1989, ‘Biking Month’ started. Originally starting as ‘Bike to Work Day,’ Biking Month is a celebration dedicated towards eco-friendly transportation, fitness and bringing diverse communities together through biking.

Biking is very beneficial to people of all ages to strengthen muscles, clearing their mind and building up strong immune systems. As of the past few years, Mississauga has become home to many new biking trails and biking areas for people of all ages. With the city’s beautiful scenic biking routes and attractions, why wouldn’t you want to join in?

With just two wheels, residents have helped reduce carbon dioxide emissions, embrace a healthy lifestyle and experience the joy of pedaling with their two feet. Remember, even if you have a few wobbles along the way, biking is all about having fun and enjoying the journey.

"Cycling is a great way to feel the wind in your face, the rhythm in your legs, and the freedom in your spirit." - Amelia Earhart (Aircraft Pioneer and Writer)

It is crucial for incorporating physical activity into our daily lives and to maintain a healthy lifestyle. On top of that, it can be something you enjoy, such as biking and something as simple as walking. So what are you waiting for? Your journey through Mississauga and the GTA's biking paradise awaits!

Tahir Khetty



CHICKEN PATTIES

Highway to a Human Heart (IYKYK)

Coming together around the thaal, where we break bread with one another, is a practice that identifies food as a unique aspect of our culture and identity. No matter which Jamaat you are registered with, and what cuisine you prefer, the love for good comfort food is universal. We all come together and share so many flavours from our various backgrounds, which further enriches our vast culinary palette.

Food is not only a source of comfort, but often holds meaning and memories to many of us. It takes us back to a certain time or place, and every time we eat a particular food we are transported back to that emotional place, and that experience is truly so beautiful.

For me such a memory takes me back to my summers in Karachi, and the crispy perfection of a chicken patty from United Bakery in Saddar. Before Mississauga became the vast food haven it is today,

many of us relied on these trips back home to taste these special flavours from our childhood. For me it was the paper bag covered in spots with grease and the mouth watering aroma of perfectly flaked puff pastry, filled with just the perfect bite of shredded chicken. I would anxiously wait for someone to make a trip to the Bohri Bazaar and bring us all a bag of piping hot chicken patties to have with our afternoon chai.

A few years ago during the month of Ramzaan, I had a moment of nostalgia and wanted to serve these little pockets of happiness to all my friends at iftar, and so I decided it was time to try my hand at the chicken patty. After scouring the internet and trying many variations, I finally adapted this version that has become my staple every year. Not only is it a simple recipe, but I was able to involve my kids in the assembly and of course taste-testing (their favourite part). These are always a crowd pleaser and the perfect snack to gather around on a lazy weekend.

Best served with chai and great company.

Bakery Style Pakistani Chicken Patties

Makes 15-20 patties (based on size/shape)

Ingredients:

- 2 boneless chicken breasts
(or 6 chicken thighs)
- 1 tsp garlic paste
- 1 tbsp vinegar
- 2 tbsp soy sauce
- 1 onion
- 1/2 stick butter (4 oz)
- 2 tbsp all-purpose flour
- 1 cup milk
- 1 tsp salt
- 1 tsp pepper
- 1 egg (for egg wash)
- 2 packs of ready made puff pastry sheets

Tasneem Rakla-Anaswala

Tasneem Rakla-Anaswala is as pleased to be a part of this publication as the Evergreen team is to have her on board. Team Evergreen gets a plethora of Tasneem's talents because she is a jack-of-all-trades, an avid reader, an aspiring author, sometimes professional baker, an amateur food photographer and recipe developer. Tasneem is also her family's Uber driver and the joker with no filter. She is a big believer in the ideology "live and let live". Everyone has something they contribute in a way in which they shine, so we should let them!

Fun fact: "The Office" is Tasneem's favourite show of all time and she watches the entire series regularly as background noise.

Quiz her!

Method:

- Preheat oven to 400°F and line a large baking tray with parchment paper.
- Boil chicken in water, garlic paste, soy sauce and vinegar. Boil until tender, shred manually and set aside.
- In a spacious pan over medium heat melt butter and add diced onions and sauté for approx. 1 minute
- Add the all purpose flour and sauté for another minute.
- Add milk and turn up the heat while stirring constantly until it begins to thicken.
- Add salt and pepper to the thickened mixture.
- Add the shredded chicken and keep mixing on high heat until it comes together into a uniform mixture.
- Pour into a cool bowl and let it cool completely.
- Lay out thawed puff pastry sheets and cut into desired shapes.
- Using a mini cookie scoop for uniformity (a spoon works fine too), place a loonie sized scoop of the chicken mixture into the centre of each pastry and cover with another piece and seal edges with a small fork.

(Adjust the quantity of filling based on the size of your pastry shape)

- In a small bowl whisk the egg and use a pastry brush to generously coat each patty.
- Bake for 15-20 mins or until patties are flaky and golden.
- Serve with raita or chili sauce.

Tasneem Rakla-Anaswala

MEET THE TEAM

| Shk Abrar Ammarwala, *Facilitator*

Sk Abrar bhai has been fortunate to engage in numerous Khidmats for an extended duration. At Evergreen, he finds immense joy in guiding a talented team and witnessing their vibrant energy. Driven by an entrepreneurial spirit and a commitment to lifelong learning, he sees helping others as an opportunity to foster a stronger community and a brighter future. He firmly believes in trusting the process, having faith, and embracing the unfolding magic.

| Rashida Gandhi, *Writer*

Rashida Gandhi is a writer by passion who strives to become a more experienced and a professional one. She is passionate about storytelling in all its variety and forms. Her favorite line is "The secret of life is to fall seven times and to get up eight times." Rashida's motto in life is to always find something to learn from every experience, good or bad!

| Tasnim Jivaji, *Writer*

Tasnim Jivaji loves this once-in-a-lifetime opportunity to be part of this pool of talent in the Evergreen Team. Tasnim writes, paints, crochets and is a poet. She really likes reading a good story and learning all sorts of new things that people have written books about, and so she embraced audiobooks to be able to listen to a good book while she's going about her day! Tasnim will stand up and say something for our World. She believes that it is a great privilege to be born a human being and being a part of Nature intelligently is what she hopes for our human race. Tasnim's favourite line is: change the way you look at things and the things you look at change.

| Fatema Khokhar, *Graphics*

Fatema Khokhar is an alumna of Al Jamea Tus Saifiyah. She joins our Evergreen team as our graphic designer bringing her creativity to our publication in her mission which is her love for creating a harmonious fusion between our Fatemi Heritage with today's modern art. Fatema's favourite line is the famous kalaam by Ameer ul Mumineen (AS)- Ahsin illa Man Asa ilaik : Be benevolent to those who do bad to you. Fatema strives everyday to follow this Kalaam and to be a better version of herself.

| Moiz Gittham, *Writer*

Moiz Gittham is so excited to be a part of the Evergreen team to work with the social media aspect of our publication. Moiz is really happy to have you reading our newsletter and hopes to see you again in future editions. One thing Moiz is really passionate about is TV shows and he tries to stay up-to-date with a lot of them so if you need a recommendation or a review, you know where to find him!

MEET THE TEAM

| Tahir Khetty, *Writer*

Tahir is a student and lives his life to the fullest. Tahir has worked hard with this Evergreen team to bring this newsletter to you. He can't wait for you to see what we have planned for you in the future! He enjoys the simple things because they are what make the important ones. Daniel Radcliffe's, 'Don't try too hard to be something you're not,' is one of his favourite quotes.

| Fatema Lunawadi, *Writer*

The Evergreen Team shares the feeling of gratitude that Fatema Lunawadi feels to have this opportunity to collaborate and create our very first edition of Evergreen. In the weeks of designing our newsletter, Fatema has found it a joy to work with like-minded people who share her values. Fatema strives to attain Aaq Moola TUS's Khushi Mubarak and to live a calm and helpful life. Always passionate about seeking knowledge, Fatema loves reading and finding new frontiers to use her abilities.

| Ismail Raja, *Graphics Design*

Ismail an astute traveller is an IT professional who worked tirelessly to bring this publication in its current form. He strongly believes in Rumi's philosophy of "**WHAT YOU SEEK IS SEEKING YOU**". He is a full time dad to two boys Hasan and Husain, and if they are not around he is often seen doing khidmat.

| Zahra Taha Ali, *Creative Director*

Zahra Taha Ali is thrilled to participate with these talented individuals working as a team for a very special kind of publication that we hope to shape - Evergreen. For Zahra this collaboration is one thing checked off from her dream "To do" list. An Interior Designer by profession, a writer by passion and a social media enthusiast, Zahra is a big believer of living each day with intention, finding joy in the simple moments and smiling through it all. Beautiful spaces, well written books and a cup of tea are the love of Zahra's life along with her two boys. Zahra is so glad to have you reading this!

| Mustafa Kubbawala, *Editor*

Mustafa is an educator by profession who is excited and feels privileged to lead this team in bringing to you the most exciting publication of Evergreen, ever! Our team has put their hearts and souls in putting this edition together. We hope you enjoy reading this as much as we enjoyed making it.

Mustafa's perception of life is to always be happy and to make the most of it because in the end everything just automatically works out. Mustafa's mantra is "what you love in others is what you love about yourself", and this just helps him get rid of his vices. Fun fact: Mustafa cries during movies.

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